



ST HIPPOLYTE

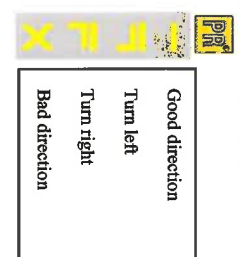
PR n°24

Length: **11.5 km**

Duration: 33h

Altitudes: 382 m à 700 m

Signs:



The Seyrolles Forest
This is a very pleasant walk in the heart of a beautiful forest of firs and chestnuts in a landscape of mid-range mountains with deep ravines and gushy torrents.

- 1 From La Capelle go left of the café-restaurant in the Seyrolles direction. After 250 m bear left, then right after 300 m, to go through Seyrolles. After the last farm turn 90° right onto a gravel track and leave La Martinie farm on the right. At the first crossing, after going down for 500 m, keep to the right on a grassy track.
- 2 At the next crossing go down (*left*). Then walk round several steep ravines, those of Estaing, Fontbonne and des Vernhes to reach where paths meet. Keep left and go round a last ravine to come out onto the little road from Murois.
- 3 Keep left here then walk 600 m to Gla. As you reach it turn sharp left and go down to the stream. Cross the footbridge then climb steadily through the pine forest towards Seyrolles. As you go up, leave the bridge-path to your right then, at the level of the second sharp bend, another track on the left, then an earthy track descending to the right.
- 4 At the last crossing of paths, keep going up to the right then (*after 100m*), go left and go on to Seyrolles, and the little road you took on the out journey, and follow that to come back to La Capelle.

